



Floral Acupuncture: Applying the Flower Essences of Dr. Bach to Acupuncture Sites, Warren Bellows, Random House LLC, 2012, 0307814807, 9780307814807, 128 pages. Certified flower essence practitioner Deborah Craydon and licensed acupuncturist Warren Bellows combine their expertise to present an innovative and highly effective holistic method to treat body, mind, and spirit. By applying flower essences (in place of needles) to acupuncture points, it is possible to stimulate the movement of energy (chi), starting a powerful healing process. Filled with full-color photography, this practical manual, suitable for both professional and home use, includes treatments for common ailments, such as depression, anxiety, and loneliness. The authors also explain the theory behind this technique and provide general instructions for application of flower essence tinctures, creating a comprehensive view of this exciting new form of alternative healing. The first guidebook to show how to apply the flower essences of Dr. Bach to acupuncture points for treatment of emotional and physical conditions, such as depression, anxiety, neck and shoulder pain, and headaches—without the use of needles. Bach flower essences can be purchased in most health food stores and homeopathic pharmacies and are safe for use on children, pregnant women, the elderly, and pets. Includes more than 50 full-color instructional photographs. From the Trade Paperback edition..

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Life with Aura , Patricia Pattie Pellicciotti, , Health & Fitness, . .

Bach Flower Remedies to the Rescue , Gregory Vlamis, Mar 1, 1990, Health & Fitness, 176 pages. The author discusses the many uses of the Rescue Remedy in reducing stress, anxiety, fear, emotional upset, and trauma..

The Complete Book of Chinese Medicine A Holistic Approach to Physical, Emotional and Mental Health, Kiew Kit Wong, May 1, 2002, Health & Fitness, 361 pages. This book is the result of years of research and study by a world renowned Shaolin Grandmaster, Sifu Wong Kiew Kit, who has an excellent track record in curing many so-called ....

Tarot Get the Whole Story : Use, Create & Interpret Tarot Spreads, James Ricklef, 2004, Body, Mind & Spirit, 226 pages. Teaches how to create Tarot spreads and how to customize new spreads for specific concerns by discussing positional meanings and dynamics between the cards, and incorporates ....

Falling Leaf Essences Vibrational Remedies Using Autumn Leaves, Grant R. Lambert, Jun 1, 2002, Health & Fitness, 224 pages. Autumn embodies the energy of change, transformation, and release. Essences prepared from autumn leaves can relieve ailments associated with the autumn experiences of our lives ....

Archetypal Acupuncture Healing with the Five Elements, Gary Dolowich, 2011, Health & Fitness, 311 pages. A holistic guide to health and healing based on traditional Chinese techniques and Jungian psychology explains how to work with energy maps to diagnose illness, resolve ....

The Aura Alchemy of Spirit and Matter, Karen J. Hayhurst, 2011, Health & Fitness, 80 pages. "The Aura: Alchemy of Spirit and Matter," sheds light on a timeless mystery - what is the aura, where does it come from and is it important? The pages within describe the ....

New Bach Flower Body Maps Treatment by Topical Application, Dietmar Krc\$mer, Helmut Wild, May 1, 1996, Health & Fitness, 296 pages. One of Germany's most innovative Bach flower practitioners presents his healing system, which correlates zones of the body with appropriate remedies. Profusely illustrated ....

Edgar Cayce's Quick & Easy Remedies A Holistic Guide to Healing Packs, Poultices and Other Homemade Remedies, Elaine Hruska, Sep 1, 2012, Health & Fitness, 384 pages. Author Elaine Hruska has spent more than 30 years working with the Cayce health readings at the Edgar Cayce health centers in Virginia Beach, Va., and Houston, Texas. Her ....

The Bach Flower Oracle , Beate Helm, Feb 1, 1995, , . .

Live Free from Asthma and Allergies Use the BioSET System to Detoxify and Desensitize Your Body, Ellen W. Cutler, Mar 30, 2011, Health & Fitness, 304 pages. Why simply alleviate asthma and allergy symptoms when you can address the root causes? In LIVE FREE FROM ASTHMA AND ALLERGIES, Dr. Ellen Cutler introduces the Bioenergetic ....

Australian Bush Flower Essences , Ian White, Jan 1, 1993, Gardening, 210 pages. Fully illustrated guide that gives an informative picture of 50 bush flower essences from all over the country, as well as detailed information about their preparation and use ....

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